

420 Team Racing squad

Teacher co-ordinating - Amy Fisher, Coaching from Matthew Hughes & Bruce Herbert

Boats – 420's

Sailing Days– Tuesday 3:45 – approx. 7pm

Friday 3:45 – approx. 7pm

Weekends – see Calendar

Activities

- To be determined by Matt.

This includes sailors in the current 420 Team racing fleet.

Development Squad

Students with significant previous experience

Teacher co-ordinating – Amy Fisher, assistance from senior sailors

Boats to be used :

- Topaz
- 420's
- Bic's (*hopefully*)

Sailing Day – Tuesday evenings – 3:45 – 18:00

Activities:

- Experiencing a range of different boats and activities, such as Fleet racing, passages, manoeuvres in confined spaces, seamanship (e.g. rudderless sailing / broken equipment,) tight circles, 5 essentials – making the boat work the best in a range of conditions, MOB etc..) Learning the rules of racing
- Skippering & crewing – being competent in both allows sailors to be better at both.
- Maintaining a passion for sailing which will drive students to develop their personal skill-set
- Out on Tuesday evenings to allow flow between 420 squad training with Matthew.

There will be additional opportunities where students are invited to join the 420 Team racing on Fridays and some weekend events. The level of all our sailors is likely to rise as a consequence of our senior sailors passing on their experiences, time on the water in a range of conditions and maximising utilising all our available resources.

This fleet includes students who have been training throughout the winter on BIC's & Year 10 students who have been sailing in the Topaz's for previous seasons.

Learn-to-Sail

Students with less experience (*or other commitments on Tuesday*)

Teacher Co-ordinating – Gavin Murdoch, additional coaching from senior sailors

Boats –

- Topaz

- 420's

Activities:

- Developing confidence of being on the water.
- Introduction to 5 essentials
- Safe launching and recovery
- Developing a passion for sailing
- Skippering & crewing – being competent in both allows sailors to be better at both.